

Being stuck at home in the wake of COVID-19 can be a major disruption to our daily routines -- especially if you have kids, or are helping to care for aging parents -- but it's also an opportunity to put your time to good use and your mind at ease.

#### Here's what this checklist helps you and your family identify and get organized:

- ✓ Who are your most important contacts?
- ✓ Where do you keep all your vital forms of identification?
- ✓ Have you completed any official & legal documents?
- ✓ What, if any, medical conditions are you currently managing?
- ✓ Are all your financial details and insurance policies easy to access?
- ✓ How do you keep track of passwords?

# A DIGITAL HELPING HAND

All of this vital information can easily be put into an Everplan, which you can securely update and share with the people you love and trust. Learn more at everplans.com.





#### **IMPORTANT CONTACTS**

These are the people who can help your family when it's needed most. Make sure they know how to reach them.

Emergency:
Work:
Primary Doctor:
Financial Advisor:
Insurance Agent:
Attorney:
Other:

**DON'T FORGET YOUR PETS!** Share important details like diet, veterinarian, and other helpful things:

### **IDS/VITAL DOCUMENTS**

Gather all these up and take photos of the ones you regularly use and keep them in a safe place

regularly use and keep memira sale place.			
	Birth Certificate		Driver's License
	Social Security Card		Armed Forces ID
	Passport		Citizenship Docs
	Marriage Certificate		Divorce Decree
	Other:		

## **LEGAL DOCS & CONTRACTS**

If you have any of these documents, let it be known. If you don't, fear not. Everplans.com can help you

unc	derstand why you need them and how to get them.
	Power of Attorney
	Last Will and Testament
	Trust Paperwork & Details
	Property Ownership/Rental (Deed/Lease/Contracts)
	Vehicle Ownership (Title/Agreement)
П	Other:

#### **BANKING & ASSETS**

This includes bank accounts, investments, and benefits. Have a recent account statement for each, location of related items and account/login and password for online management.

Checking	Traditional IRA
Savings	Roth IRA
Investments	Pension (SEP / SARSEP)
Stocks/Bonds	Military Benefits
Mutual Funds	403(b)
401(k)	Certificate Of Deposit
Other:	

#### **BILLS & LOANS**

Have a recent account statement for each account and login/password for online management.

Mortgage / Rent
Vehicle Payments
Loans
Alimony/Child Support
Other:

## **CREDIT CARDS**

	LAST FOUR DIGITS:	EXPIRATION DATE:
PRIMARY CARD		
SECONDARY CARD		
OTHER:		
OTHER:		

# INSURANCE INFO

The types you have you'll need to share the details; The types you might want make a note and revisit later.

Health	Car
Life	Property
Disability	Long-Term Care
Umbrella/Liability	Disaster
Other:	



Visit Everplans.com to learn more about the types of legal documents you need and how to safely store and share them with the people who will one day require access.





#### **MEDICAL DOCUMENTS, CONDITIONS & PRESCRIPTIONS** Have you completed any of the following Advance Health Care Directive(s)? If so, share where do you keep it. Advance Directive, which is a combination of you Living Will and naming a Health Care Proxy ■ Do Not Resuscitate Orders (DNR) ☐ Physician Orders for Life-Sustaining Treatment (POLST) Write out any medical issues you're currently managing and the methods of treatment. For each condition including the following details: ■ Name or Type of Medical Condition ■ Required Treatment Prescription Required (medication name/doctor/pharmacy) Make sure to identify any life saving medication or devices you need in case of an emergency: ■ Inhaler EpiPen Insulin ■ Other: \_\_\_\_\_ Don't forget any of the following items you may use to improve your vision, mobility, or quality of life: ☐ Glasses/Contacts (BD, DIA, SPH, Lenses type) Mobility Assistance (cane, walker, wheelchair) OTC Medication Orthopedic Devices Other: \_\_\_\_\_ PASSWORDS & DIGITAL ACCOUNTS Identify all of the following devices and security you use and how someone you trust can access them. Mobile phone □ Computer(s) □ Wi-Fi □ Home Security Other (example: Tablet): \_\_\_\_\_ How do you currently keep track of your passwords? ☐ Password Manager ☐ Digital Document Physical Document Here's an overview of the types of accounts to focus on to get you on the right path: ☐ Cloud Storage (Photos, Videos, Files) ■ Email ■ Social Media ■ Messaging/Communication Tools ■ Entertainment: Video | Music | Gaming Money Management ☐ Food/Delivery Shopping Other (Example: Travel, Web hosting/Blogging: \_\_\_\_ **NOTES & PERSONAL THOUGHTS** Use this section for any additional information, personal thoughts, or anything you think is important for you to include.

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